

Unitarian Universalist Church in Cherry Hill

Community Outreach Works 2011

Chairwoman: Cynthia Carlisle Ketner

If you have questions contact uucchow@gmail.com

“Be the change you want to see in the world.”

Mahatma Gandhi

Please fill in the registration form and return it by September 28th to the COW table in the Fellowship Hall. You may also access the registration form at the UUCCH website; www.uucch.org and send it to uucchow@gmail.com. If you want to mail the form, send it to:

COW
c/oUUCCH
401 N Kings Highway
Cherry Hill, NJ 08034

September 11, 2011

Dear Members and Friends:

Our sixth annual Community Outreach Work two week event is an inspired and inspiring opportunity to fulfill our mission to create a more just world and a caring community while nurturing a spirit of generosity! We hope you, your family and friends will join us from October 8th until October 23rd, for one or more community service activities. Last year, many of you joined together to help make our community a better place and enjoy the fellowship of our collective efforts.

In the catalogue accompanying this letter you will find a list of many volunteer activities, a brief description of each activity and the time it takes place. Some of the activities include serving meals at a homeless shelter, planting trees in Camden, cleaning up at the Palmyra Nature Center, helping at the Cherry Hill Food Bank, working for Habitat for Humanity, Habitat ReStore, Animal Welfare Association, Urban Promise, an Alzheimer's Association Chapter, CASA and the Francis House. Activities that are open to all age groups are marked as "Family Friendly."

Following the September 11th Sunday Service, we will begin to register congregants and friends. Ask anyone on the COW planning committee (listed below) and you can learn more about the volunteer organizations. On Sunday the 11th, 18th and 28th, members and friends may sign up for their preferred volunteer activities. Most of the volunteer activities are planned for the morning and afternoon of October 8th, 15th and 22nd. NOTE: There are also volunteer activities throughout each week. On Sunday October 23rd, after the service we will host a celebratory lunch in Fellowship Hall.

We have new and updated white COW t-shirts this year! The t-shirts are available for \$6. Please sign up and pay at the COW registration table. **All shirt orders must be submitted by September 18th.**

Families with small children, teens, neighbors, work colleagues, and friends are welcome! We can all make a difference and reach out to our wider community. Won't you join us?

With thanks from the COW Planning Committee,

Susan Duncan
Linda Delany
Tom Delany
Cynthia Ketner
Ryan Ketner

Pat Naylor
Chuck O'Neal
Roger Schempp
Peg Willard
Ken Goldberg

Please feel free to contact the COW committee at uucchcow@gmail.com.

Community Outreach Work 2011 Calendar

Sunday, September 11, 18, 25

11:45am-12:30pm

COW Registration in Fellowship Hall

September 18th is the deadline for t-shirt orders. The cost of shirt is \$6.

Sunday, October 2nd- 11:45am

COW Team Leaders meeting-Hillside 201

Saturday, October 8th-

Tree Planting in Camden, 8am-12pm *FF

Habitat for Humanity, 9am-12pm *FF

Habitat ReStore, 10am-3pm

Cathedral Kitchen, 11:30am-1:30pm

CASA Activity at UUCCH, 11am-12pm

Sunday, October 9th-

RE Canned Food Drive- Part 1, during service

Tuesday, October 11th-

Cherry Hill Food Pantry, 5-8:30pm

Thursday, October 13th-

Cherry Hill Food Pantry, 9:30am-1pm

Friday, October 14th-

Cathedral Kitchen, 3:30-5:30pm

Saturday, October 15th-

Francis House, 8:30am- until finished

Urban Promise, 9am- 12pm

Palmyra Nature Cove, 10am-2pm *FF

RE Canned Food Drive- Part 2, 1-2:30pm

Monday, October 17th-

Alzheimer's Association in Marlton, 2-4pm

Tuesday, October 18th-

Cherry Hill Food Pantry, 5-8:30pm

Thursday, October 20th-

Cherry Hill Food Pantry, 9:30am-1pm

Friday, October 21st-

Cathedral Kitchen Utensil Wrap at Medford Leas, 2-4pm

Saturday, October 22nd-

Habitat for Humanity, 9-12 noon *FF

Tree Planting in Camden, 8am-12pm *FF

RE Canned Food Drive- Part 3, 1-3:30pm

Animal Welfare Association, 1-5pm *FF

Sunday, October 23rd-

Luncheon Preparation, 9:15-10:15am

Volunteer Appreciation Luncheon, 12pm

Luncheon Clean Up, 1-2pm

***FF= Family Friendly, all ages welcome**

2011 Community Outreach Work Projects

Most of the COW volunteer activities are on **Saturday, October 8th, 15th and 22nd**. A few opportunities are scheduled for weekdays in between.

Team Leaders are needed! Please indicate your willingness to be a team leader on the registration form.

Below is a summary of each activity. For more detailed information ask a COW committee member at the registration table. Also, your team leader will call you a week ahead of your activity to give you detailed instructions and directions to the volunteer site. You will be registered for the activity for which you sign up. If the activity is filled, you will be contacted.

Saturday, October 8

Plant trees for the NJ Tree Foundation Urban Airshed Reforestation Program in Camden. (*Family Friendly*) Volunteers work in groups of three to plant trees. Up to 35 volunteers are needed. The location is in Camden. The exact address is unknown at this printing. Tools and planting supervision are provided; children welcome. Wear old clothes and work gloves. Carpooling advised. Rain or shine.
8am-Noon

Team Leader- Ryan Ketner

Build a Habitat for Humanity House in Clayton. (*Family Friendly*) Volunteers (children are welcome) are needed to help with building a home in Clayton, NJ. You will be doing clean up, landscaping, drywall, painting, framing and trim work, so wear work clothes and work boots. Tools are provided. Bring your lunch and no smoking. Team leader will provide directions.
9:00am-Noon

Team Leader Needed!

Work at Habitat Restores: Twelve volunteers are needed to help organize the new Habitat store at 695 Central Highway in Pennsauken. This is a retail outlet for building supplies, furniture, and tools. The profit goes to Habitat for Humanity. Volunteers will set up display racks, clean and prepare furniture for sale and fill display areas with merchandise. *Volunteers should be adults. Youth over age 13 if supervised are welcome.* Volunteers need to bring cleaning supplies.
10am-3pm

Team Leader Needed!

Help serve dinner at Cathedral Kitchen. 4 volunteers are needed to serve a meal to 300 individuals. *Only volunteers over 16.* Location: 642 Market St, Camden. Wear your COW t-shirts or conservative clothing, closed toe shoes are required.
11:30am-1:30pm

Team Leader Needed!

Help CASA (“court appointed special advocates”) put together their training notebooks: Come to UUCCH Hillside H201. *Adult volunteers are preferred as some of the training materials can be of a sensitive nature.* CASA needs help organizing for future training sessions. CASA uses trained court appointed volunteers to represent in court the best interests of children getting DYFS services because of abuse or neglect by their parents. See www.casaofcamdencounty.org. To become an advocate you must be selected by CASA and attend 30 hours of training.
10:30am-noon

Team Leader Needed!

Sunday, October 9

RE Food Drive for Cherry Hill Food Pantry, Part 1- During the service, RE students will be organizing bags and stapling request notes on the bags in preparation for Part 2, delivering the bags.

Team Leader Needed!

10:30-11:30am

Tuesday, October 11

Work at the Cherry Hill Food and Outreach Pantry (*Family Friendly*) Up to eight volunteers are needed to help sort food, stack shelves and package and distribute bags of food at the Food Bank located at St Michael's Lutheran Parish House. The Pantry now serves 550 families in the Cherry Hill area. Children are allowed if supervised. Parking is available. www.cherryhillpantry.com **5-8:30pm**
Team Leader- Sue Camlin

Thursday, October 13

Work at the Cherry Hill Food and Outreach Pantry- For information see entry under 10/11.
Team Leader- Sue Camlin **9:30am-1:30pm**

Friday, October 14

Help serve dinner at Cathedral Kitchen. 6 volunteers are needed to serve a meal to 300 individuals. *Only volunteers over 16.* Location: 642 Market St, Camden. Wear your COW t-shirts or conservative clothing. **3:30-5:30pm**
Team Leader Needed!

Saturday, October 15

Help with a variety of tasks at Urban Promise: Urban Promise has schools, after school and camp programs for Camden youth. They need us to clean up their facility after a fundraiser event. Between 10-15 volunteers, *high school age or older* can help. Carpool from UUCCH or go to 3700 Rudderow Ave, Camden. **8:30am-Noon**
Team Leader Needed!

Help paint at the Francis House: *Adults and high school youth* are needed to paint some rooms at the Francis House. The Francis House is a center that assists people who have Aids and their families. Location: 2818 River Road, Camden. **8:30am- until finished**
Team Leader Needed!

Work at the Palmyra Nature Center. (*Family Friendly*) This center needs 20-25 volunteers to clean up the beach of debris and invasive species. Children if supervised are okay. Bring your gloves. Rain or shine. Picnic tables available for lunch. **10am-2pm**
Team Leader Needed!

RE Food Drive for Cherry Hill Food Pantry, Part 2- Drop off empty bags requesting donations for the Cherry Hill Food Bank. Six to twelve volunteers are needed to hang several hundred bags on Cherry Hill neighborhood doors. *Volunteers should be over age 14 unless accompanied by an adult.* Three to Five adult drivers are needed. **1-2:30pm**
Team Leader Needed!

Monday, October 17

Help the Delaware Valley Alzheimer's Association- This chapter needs up to five *adult volunteers* to help stuff envelopes and address cards for a large mailing to supporters in Southeastern Pa, NJ and Delaware. The activity is at the DVAA office in Marlton. The goal of this chapter is to enhance care and support services for individuals with dementia and their families and to advance Alzheimer's disease research. **2-4pm**
Team Leader Needed!

Tuesday, October 18

Work at the Cherry Hill Food and Outreach Pantry- For information see entry under 10/11.
Team Leader- Sue Camlin **5-8:30pm**

Thursday, October 20

Work at the Cherry Hill Food and Outreach Pantry- For information see entry under 10/11.
Team Leader- Sue Camlin **9:30am-1pm**

Friday, October 21

Wrap utensils at Medford Leas for the Cathedral Kitchen (*Family Friendly*) Up to 6 volunteers are needed to help wrap packages of utensils for the Cathedral Kitchen shelter. This will be held at the Medford Leas Retirement Community. **2-4pm**
Team Leader- Cynthia Ketner

Saturday, October 22

Plant trees for the NJ Tree Foundation Urban Airshed Reforestation Program in Camden. (*Family Friendly*) Volunteers work in groups of three to plant trees. Up to 35 volunteers are needed. The location is in Camden. The exact address is unknown at this printing. Tools and planting supervision are provided; children welcome. Wear old clothes and work gloves. Carpooling advised. Rain or shine. **8am-Noon**
Team Leader- Ryan Ketner

Build a Habitat for Humanity House in Clayton. (*Family Friendly*) Volunteers (children are welcome) are needed to help with building a home in Clayton, NJ. You will be doing clean up, landscaping, drywall, painting, framing and trim work, so wear work clothes and work boots. Tools are provided. Bring your lunch and no smoking. Team leader will provide directions. **9:00am-Noon**
Team Leader Needed!

RE Food Drive for Cherry Hill Food Pantry, Part 3- Pick up bags filled with donations for the Cherry Hill Food Bank. Six to twelve RE volunteers are needed to pick up several hundred bags on Cherry Hill neighborhood doors. *Volunteers should be over age 14 unless accompanied by an adult.* Three to Five adult drivers are needed. After picking up the bags, we will be going to the Pantry and putting the collected items away. **1pm-3:30pm**
Team Leader Needed!

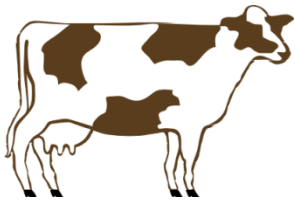
Help at the Animal Welfare Association (Voorhees) (*Family Friendly*) All ages of volunteers are needed to help clean up the center and help with a project at the shelter. This shelter rescues homeless and unwanted cats, dogs, and small animals and places them with loving homes. Parking is available onsite. **1-5pm**
Team Leader- Cynthia Ketner

Sunday, October 24

Volunteer Appreciation Luncheon, A luncheon will be held after services to celebrate the important work of COW and it's volunteers, and our church's commitment to community outreach. Volunteers are invited to enjoy lunch while sharing their experiences at 2011 COW activities. A slide show will be presented with old and new pictures from each activity. The cost of the luncheon is \$5 per person and \$15 per family, payable that day. Net proceeds will go to keeping us "mooring" into the future. **12-1pm**

Luncheon Preparation, Please help us prepare for the luncheon. A few volunteers are needed to set up tables, decorate and get everything ready for the luncheon. **9:15-10:15am**
Team Leader- Susan Duncan

Luncheon Clean Up, After everyone has enjoyed the luncheon, a few volunteers are needed clean up and take down the luncheon. **1-2:30pm**
Team Leader Needed!



Volunteer Form
Community Outreach Work
 October 8th-23rd, 2011



1. Name: _____

Phone: (____) - ____ - _____ E-mail: _____

If more than one family member is participating in the same chosen activity, please list all names below. *For all children under the age of 18, please put child's age next to their name.*

2. Please "X" next to each activity those listed above are interested in participating in. *FF= Family Friendly

Saturday 10/8

- Tree Planting *FF**
8AM – 12PM
- Habitat for Humanity *FF**
9AM – 12PM
- Habitat ReStore *FF**
10AM-3PM
- Cathedral Kitchen**
11:30AM – 1:30 PM
- CASA at UUCCH**
11AM-12PM

Tuesday 10/11

- CH Food & Outreach Pantry**
5– 8:30PM

Thursday 10/13

- CH Food & Outreach Pantry**
9:30AM – 1PM

Friday 10/14

- Cathedral Kitchen**
3:30– 5:30PM

Saturday 10/15

- Francis House**
8:30AM – Until Completed
- Urban Promise**
8:30AM – 12PM
- Palmyra Nature Cove *FF**
10AM-2PM

Monday 10/17

- Alzheimer's Association in Marlton** 2– 4PM

Tuesday 10/18

- CH Food & Outreach Pantry**
5– 8:30PM

Thursday 10/20

- CH Food & Outreach Pantry**
9:30AM – 1PM

Friday 10/21

- Medford Leas Utensil Wrap**
2 – 4PM

Saturday 10/22

- Tree Planting *FF**
8AM – 12PM
- Habitat for Humanity *FF**
9AM – 12PM
- Animal Welfare Association *FF** 1 – 5PM

Sunday 10/23

- Luncheon Prep**
9:15 – 10:15AM
- Luncheon Clean Up**
1-2:30PM

Family Friendly RE Activities:
Food Drive for CH Food Pantry

- 10/9 Assemble Bags**
10:30-11:30AM
- 10/15 Deliver Bags**
1-2:30PM
- 10/22 Pick Up Bags**
1– 3:30PM

3. Are you willing to be a Team Leader an activity marked as needing a leader? Y / N
 If yes, which activity? _____

4. There will be a COW Lunch on Sunday October 23rd in Fellowship Hall after services. **Please write how many you expect to attend the lunch** _____. The cost is \$5 per person and \$15 per family, payment due at the luncheon.

****Remember to register your activities at www.uucchsactivities.com for consideration in the Social Justice Recognition Award!****

Thanks for working together! Please return this form to the COW table in Fellowship Hall on Sunday, put it in the COW mailbox in the Commons or email it to uucchcow@gmail.com by September 28th.

Unitarian Universalist Church of Cherry Hill
 401 N. Kings Highway, Cherry Hill, NJ08034