

WELCOME!

The goal of the UUCCH Adult Programs Committee is to provide social, spiritual and educational opportunities for church members and friends.

The Courses and Forums are organized beginning with those that are spiritual, educational, or inspirational, followed by those that are practical or service-oriented, and ending with those that are just plain fun. Be sure to look through the whole list to find the ones that are right for you!

Check out the listings under Groups. We have many continuing groups, along with several that are new.

Note: For courses requesting registration, please register at least a week before the class. Without a sufficient number, class may be cancelled.

The Adult Programs Committee welcomes ideas for future programs. Please contact any committee member if you have a suggestion or talent/interest to share. We will be happy to help you plan and schedule a series or single session.

Committee Members

Bunny Casella	856-321-1142
Karen Feldman	856-227-5895
Paula Horton	856-439-9588
Bobbie Keane	856-321-1142
Linda Lee	856-858-5156
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Fred Siler	856-468-9394

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COURSES AND FORUMS

Articulating Your UU Faith

This is a five-session course that follows a UUA curriculum. Reverend Julie-Ann Silberman-Bunn will guide participants through a series of easy and engaging exercises--personal reflection, role-play, discussion and even the creation of a worship event--that equip them to communicate their liberal religious ideals. Authors are Jaco and Barbara ten Hove-Wells, co-ministers at Cedars UU Church, Bainbridge Island and North Kitsap County, WA.

Dates: Wednesdays, January 4, 11, 18, 25, and February 1
 Time: 7 to 9 pm
 Location: C102
 Facilitator: Rev. Julie-Ann Silberman-Bunn
 Phone number: 856-667-3618

**Please pre-register with Paula Horton at 856-439-9588 or
phorton100@comcast.net**

Being a UU Parent

Reverend Julie-Ann Silberman-Bunn will lead this participatory adult religious education program that will help parents enhance the religious dimension of family life. The program includes a review of Unitarian Universalist history and principles in terms understandable to children, discussion of Unitarian Universalist views of theological concepts such as God, heaven and hell, Jesus, the Bible, etc., exploration of ways to model and nurture Unitarian Universalist values in the home. There will be plenty of opportunity to discuss the childraising concerns and challenges of group members.

Dates: Tuesdays, October 4, 11, 18, 25, November 1
 Time: 7 to 9 pm
 Location: Hillside Lower Level
 Facilitator: Rev. Julie-Ann Silberman-Bunn
 Phone number: 856-667-3618

**Please pre-register with Paula Horton at 856-439-9588 or
phorton100@comcast.net**

Building Your Own Theology

This is the UU 10 week process of helping people clarify their personal values and beliefs. The workshop includes a workbook with exercises that culminate in each participant's own written statement. We may choose to do a group worship service to share our credos, similar to the Coming of Age service. **There is a limit of 10 participants.**

Date(s): 10 successive Wednesdays from Sept 14 to Nov 16
 Time: 7 to 9 pm
 Location: Hillside Lower Level

Fee: There is no fee, but each participant must have her/his own copy of **Building Your Own Theology**, 2nd Edition by Richard S. Gilbert, published by UUA and easily available on-line for purchase. We also have some available at the church that were purchased a few years back. You need to read the first chapter before our first meeting on Sept 14.

Facilitators: Nancy Ashton and Joyce Naylor

Phone number: call or email Nancy at 856-216-2357/609-652-4300
 ashtonn@stockton.edu or Joyce at 856-649-6486, teach4joy@verizon.net

New UU Class

For people new to the church and anyone interested in learning more about Unitarian Universalism and UUCCH. Come to a two-part presentation on the history of Unitarian Universalism in the U.S. and the history of our own church. Meet members of our ministerial staff, and have an opportunity to share your own personal journey to UU.

Dates: 2 evenings to be determined
 Time: 7 to 9 pm

For more information, please contact Sylvia Barclay at 856-314-1034 or at sraebarclay@gmail.com or Lisa Winkler at lisawinkler2@gmail.com or 856-482-1430.

Everyday Spiritual Practice Discussion Group

We will be discussing the book, *Everyday Spiritual Practice*, a collection of 38 essays by prominent UU ministers and laypeople. Organized around five areas of life, the essays describe how spirituality can be present in everyday activities such as traveling to work, talking with our children, saving mementos, working in the garden, and having dinner with our family. Each meeting will focus on one particular essay, which we'll read during the meeting. Notices about which essays we will be discussing will be placed in the church newsletter.

The book's editor, Rev. Scott Alexander, wrote, "... I was struck by how consistently the contributors describe the liberating, soul-satisfying pleasure their spiritual disciplines bring to their lives."

The group will meet at two day/times each month. Please choose the one most convenient for you.

Third Thursdays, 7:30 to 9 pm

September 15, October 20,
November 17, December 15, etc.

Third Saturdays, 10 to 11:30 am

September 17, October 15,
November 19, and December 17, etc.

Location:

Horsch Room

Fee:

No fee for the discussion group;
the book will be available at \$10 a copy

Facilitators:

Robert Schindler, Mitch Newcomer

Contact information:

Robert Schindler: rschindl@camden.rutgers.edu (856-304-6006)

Mitch Newcomer: mitchnwc@gmail.com (609-314-0054)

Anthropological, Scientific, and Cultural Approaches to Religion

Objectively examines various manifestations of the human religious impulse, with attention to social, psychosexual, political, and cultural/aesthetic associations. Possible topics: (1) Religions little known to the Western World, (2) psychopathic manifestations (God's lunatics), (3) Messianism, (4) Iconography and Symbolism. Participants are encouraged to suggest and offer presentations. Envisioned as a collaborative undertaking, the series may feature short presentations followed by discussion, film, video, etc.

Date: Second Sunday of each month, beginning September 11, 2011

Time: 12:15 pm

Location: C102

Facilitator: Lorraine Y. Baird-Lange, 856-979-6052

UU's and World Political Trends

A collaborative undertaking, we will examine such trends as the economic rise of China, India, the "Arab Spring" revolutions and matters that impact the U.S. Presentations by members will be followed by discussion.

Date: Third Sunday of each month, beginning September 18, 2011

Time: 12:15 pm

Location: C102

Facilitator: Ridgeley E. Lange, 856-979-6052

Dream Your Best Life

DREAM YOUR BEST LIFE is a one-day workshop designed for the person wishing to rediscover and focus on his or her own strengths, interests and preferences. Through various exercises we'll look back at the sweet spots in our lives when we have been very true to ourselves and the not-so-great times when we haven't. With this, we begin to think of new possibilities, hear the dreams others wish to share and learn new techniques to broaden our perspectives, develop our courage and set new goals for our lives. Each participant will leave with a picture-dream board, an effective device for prompting us to stay on our path. This workshop is suited for anyone in, or contemplating, transition job seekers, baby boomers, changing marital status, graduating, moving, etc.

Date: Time and Location to be determined
 Fee: \$15 (which includes a \$10 boxed lunch plus \$5 materials fee)
 Donation of old magazines is also requested.
 Facilitator: Linda Lee
Call Linda Lee 856-858-5156, or email lindalee8692@verizon.net to express interest.

Linda is an experienced employment coach, a member of the International Coaching Federation and a human resource professional who enjoys helping people learn to find their own best "fit."

Exploring Consciousness

Gain an understanding of various states of consciousness such as dreams, lucid dreams, the vibrational state, and out-of-body experiences. Learn about the concepts of clairvoyance, telepathy, psychokinesis, and other ESP phenomena.

Date: Wednesday, April 18
 Time: 7 to 8:15 pm
 Location: C102
 Facilitator: Jim Watkinson, artandresearch@mac.com or 609 859-8640

Exploring Life's Purpose

Explore the various concepts of Karma, Life after Life, Life between Lives, and Reincarnation. Explore the Near-Death and Shared-Death experiences Consider various theories about planning the challenges that life affords us. Learn some of the possible stumbling blocks and some of the beneficial patterns of thought and behavior for growing spiritually and evolving one's consciousness.

Date: Wednesday, April 25
 Time: 7 to 8:15 pm
 Location: C102
 Facilitator: Jim Watkinson, artandresearch@mac.com or 609 859-8640

History of Unitarian House

Linda Makris, a member of the Cherry Hill Historical Commission, will do a presentation on the history of Unitarian House.

Date: Thursday, November 3
 Time: 7:30 pm
 Location: Horsch Room
 Contact Person: Robert Schindler at rschindl@camden.rutgers.edu or 856-304-6006

Eating and Movement for Optimal Health and Happiness

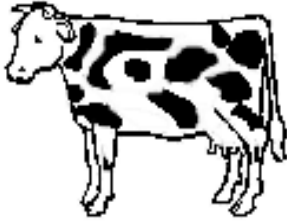
With all the information today what is really the ideal way that I can get fit and feel good without disrupting my whole lifestyle? Find out here how to optimize your health by exercise that you will enjoy paired with an eating style that is your own. Take the “die” out of Diet. Whatever your health goal, especially as we enter the holiday twilight zone, Virginia can offer you tips on getting there through this workshop. When you leave this workshop you will know your BMI (body mass index) and your % of body fat, an indicator of health status.

Date(s): Tuesday, October 4th
 Time: 7 pm
 Location: Hillside H201

Facilitator: Virginia F. Balmforth MS NPTI
 Phone number: 609-346-5634

Virginia has a master's in holistic nutrition and is a personal trainer. As an in-home trainer she counsels clients on fitness programs and ways to incorporate healthy eating into their current lifestyle. Having been in corporate business for many years she knows the challenges that lifestyle brings when it comes to health and guides clients through training and seminars on how to achieve balance without too much added stress! Over the last decade Virginia has motivated clients to get fit and eat well with good success. Her areas of expertise are obesity, cardiac disease, joint problems and autoimmune disease as well as others.

COW – Community Outreach Work



What an exciting occasion! All of us in our church will have the opportunity to volunteer in some way in our local communities. The COW committee is presenting a whole list of opportunities. Opportunities that have been available in past years include volunteering to serve meals at two homeless shelters and the Ronald McDonald House, planting trees, cleaning up a beach at a nature center, preparing to be a Red Cross disaster volunteer and many more. We expect to have some of the same and some new volunteer opportunities this year. Families with children, teens, neighbors, work colleagues, and friends are welcome to be part of this effort. Please pick up the booklet which lists the volunteer opportunities after one of the Worship Services in September. What a privilege to be able to serve our community and to experience the camaraderie of doing so together. Our volunteer efforts will culminate with a celebratory luncheon after the Worship Service on Sunday, October 23.

Dates: Saturday, October 8 through Saturday, October 22.
 Time: Specific to your event (see packet).
 Luncheon is on Sunday, October 23.
 Location: Varies (see packet). Some activities may involve carpooling from UUCCH
 Facilitator: Cynthia Ketner, 856-255-5342, cynthiacarlisle@comcast.net

UUCCH Literary Book Mates Volunteers "Making a Difference"

Book Mates is a South Jersey Interfaith Coalition program that promotes the joy of reading and adult mentoring with children in kindergarten through second grade in Title I schools within our surrounding communities. Each adult volunteers one hour per week when school is in session. Each volunteer is assigned two children and reads with each child for one half-hour each week.

Our UUCCH volunteers for the Book Mates program are active in several communities within our area. However, we have a strong presence in Camden and work closely with Lanning Square School in Camden.

Our UUCCH literacy volunteers for the Book Mates program will start up again in the fall when training session dates will be announced. If you have any questions please contact:

Facilitator: Michael Williams, 856-566-1235
mpwbrit@comcast.net

Please “Make a Difference” in a child’s life and in our community by volunteering your time in this rewarding program.

TAP Is Back—Tap Dance Classes

Tap dance classes are back—you asked for it! No previous experience necessary. Please wear leather-soled shoes for the first class, or bring tap shoes if you have them. Tap shoes complete can be purchased around \$25 at Payless.

Date: Saturdays beginning September 10
 Time: 11 am
 Location: C202

Class size limited to 10.

Please pre-register with your name and phone number by contacting Jackie Levitt at jlevitt209@comcast.net or 856-504-3661. She will contact those who pre-register regarding any changes in the schedule.

Beginners Jewelry Making

You will learn how to make a single string beaded necklace as well as a bracelet. We will also cover how to make multi string necklaces and bracelets. Several samples will be provided for you to help you in this process. A list of needed supplies will be sent to all that register far enough in advance of the course date.

Date: Thursday, October 20
 Time: 7:00 to 9:00 pm
 Location: C102

Facilitator: Heidi Bernard

Phone number: 856-273-1019

Please call Heidi to register for the class.

Travel Tour: The Incan Empire

October 1- October 10, 2012

Travel has the power to change lives. Become a student of the world by joining 20 others on an exciting adventure to one of the 7 wonders of the world.

From the conquistadors' museums, plazas and monasteries to ancient Incan temples, tombs and fortresses, this journey unveils two civilizations. Marvel at Spanish wealth...and the magnificent ruins of Macha Picchu, Lost City of the Incas. Take the world's highest train to Lake Titicaca, then cross it in the morning light.

Included on this tour:

- * Experienced tour guide
- * 4-star conveniently located hotels
- * Round-trip airfare (departure from Philadelphia)
- * Transfers to and from overseas airport
- * Porterage at hotels
- * Daily buffet breakfasts
- * Three-course dinners (four-course farewell dinner)
- * Authentic Peruvian meal and show

For more information contact group leader, Sylvia Barclay at [856-314-1034](tel:856-314-1034) or at sraebarclay@gmail.com

Tour cost \$4299.00 with an additional estimated departure fees of \$392.00. All meals with the exception of one dinner are included.

GROUPS

Fellowship Groups

Fellowship Groups (FGs) offer an additional way to be in community with others who value the support and learning that comes with trust, deep listening, and the opportunity for thoughtful reflection and sharing about topics that transcend the issues that fill our daily lives.

In small groups guided by facilitators, people with different beliefs and perspectives share of themselves, learn from each other, and seek to deepen their understanding of what it means to be human.

FGs at UUCCH affirm and promote:

- Listening
- Respect
- Honesty
- Tolerance and acceptance
- Open expression in a safe atmosphere
- Diversity without divisiveness
- Welcoming new participants

Fellowship Groups meet at a regular time, usually during the third or fourth calendar week each month between October and May. They typically last between 75 and 90 minutes, and are usually held at church. If you are interested in participating in a FG, please complete the application below and forward it to Larry Solow (lsolow@comcast.net) or John Nielsen (jnielsen7@comcast.net).

2011/12 Fellowship Groups Signup

Name: _____

Phone: _____

Email: _____

Date Submitted: _____

Please indicate your availability by:

1 = preferred

2 = possible

X = does not work for me

____ 4th Sunday - 12 pm

Other Available Days and Times:

____ 4th Monday - 7:30 pm

____ 3rd Tuesday - 7:00 or 7:30 pm

____ 4th Wednesday - 7:00 or 7:30 pm

____ 3rd Thursday - 7:00 or 7:30 pm

BACK OF FG SIGNUP FORM

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Secular UUs

Secular UUs are Unitarian Universalists who identify themselves as secularists, humanists, or non-theists. Come join us for a lively discussion of issues related to a free and responsible search for meaning. Topics are selected in advance of each meeting and are posted in the UUCCH newsletter. All are welcome.

Dates: First Tuesday of the month (Sept. – June)
 Time: 7:00 to 8:30 pm
 Location: Horsch Room
 Facilitator: Helen Ewan, (856) 258-4030, hewan@comcast.net

Sanctuary

Sanctuary welcomes Unitarian Universalists whose faith includes some concept of God. The way in which each member defines “God” is unique and personal. Sanctuary’s mission is to provide a gathering place, a worship time, and a sounding board for each participant to explore, in safety and acceptance, his or her beliefs as they evolve. Faith-related topics are chosen by the group; past sessions have focused on readings from *Everyday Spiritual Practice*, *Radical Hospitality*, the UU adult curriculum *On the Path*, Krista Tippett’s *Speaking of Faith*, and sacred texts from different traditions. We welcome all who are open to sharing a deeper spiritual life.

Dates: 3rd Wednesday of each month (year-round)
 Time: 7:30 pm
 Location: Horsch Room
 Facilitator: Libby Pontillo 856-273-0001

Journeying Circle

This gathering is based on Shamanism, and the healing and spirituality of indigenous peoples. The Journeys we take into non-ordinary reality are aided by drumming. Power animals and communion with nature are part of this cultural religious experience. *The Way of the Shaman* by Michael Harner explains some of the phenomenon we experience. If you would like to join us, please bring a sleeping bag or mat, a scarf, a notebook to write your journey, and wear comfortable clothing.

Dates: 1st and 3rd Thursdays (Oct. – June)
 Time: 7:00 to 9:00 pm
 Location: Hillside Lower Level
 Facilitator: Steve D’Aprile 856-547-5184

Buddhist Sangha of South Jersey

Join us at weekly services that include sitting and walking meditation, dharma readings and discussion of Buddhist teachings. All are welcome to come and explore this rich and inspirational practice. Visit the Buddhist Sangha of South Jersey's website: <http://buddhistsangha.tripod.com/index.htm>

Dates: Every Sunday
 Time: 7:00 to 9:00 pm
 Location: Hillside Lower Level
 Contact: Walt Lyons 609-953-9215

UU Pagans

Learn about earth-based religions including Pagan and Wicca rituals in a safe, friendly environment. All are welcome to regular activities, workshops on the second Friday of each month and monthly full moon circles.
 Contact: Anita Carney 856-488-2302

Womyn and Religion

Explore feminist theology and sisterhood with programming throughout the year including retreats, solstice and worship services.

Dates: 1st Sunday of each month
 Time: 12:00 pm
 Location: Hillside H201
 Contact: Jane Mahorter 856-779-0535

Philosophy Discussion Group

The Philosophy Discussion Group is a tradition started by Rev. Rudy Nemser in 1985. This year we are reading Bertrand Russell's *The Problems of Philosophy*. All are welcome.

Dates: Every Wednesday starting September 7
 Time: 10:00 to 11:30 am
 Location: Horsch Room
 Facilitator: Ivan Sublette 609-654-3261

Morning Book Discussion Group

This group has been in existence since 1983. We discuss worthwhile fiction, both old and new. The focus for the 2011-2012 year will be books with women as main characters. See the newsletter for dates and selections each month, and come join us for an interesting exchange of ideas.

Dates: Third Friday each month (Sept. – June)
 Time: 10:30 am to 12 noon
 Location: Horsch Room
 Facilitator: Caroline Ringo 856-429-2677

At-Home Dinner Discussion

For those who miss the time honored tradition of sitting around a home dinner table, sharing ourselves as well as a meal. This event is designed to increase our appreciation of taking time for each other, making new connections and offering hospitality to those of us who may not get to do this as much as we would like. Dinner Discussion parties of 6, 8 or 10 meet in member's homes and enjoy a pot luck meal around their dinner table. Hosts pick the topic from a suggested list (or popular demand), provide beverages and appetizers. Guests bring assigned salads, main dish or dessert, homemade or take-out as time, talents and budgets permit. Accommodations are made for those with special food needs. Emphasis is on socializing and conviviality. Hosts and participants can designate: Adults only or Adults and/or families with children; Allergies; Other Special Needs. Additional Dinner Discussions may be held in Winter/Spring depending on interest.

Date: Saturday, October 22
 Time: 6 pm

Call Linda Lee 856-858-5156 or email lindalee8692@verizon.net to sign up.

Adult Choir

The Choir sings approximately 2 – 3 Sundays a month. Aspiring solo and parts singers are most welcome. The music is fun, inspiring and challenging. There are some chances for singing outside of Sunday services. Join this great band of thoughtful, energetic and dedicated singers.

Dates: Wednesdays (Sept. – June)
 Time: 7:30 to 9:30 pm
 Location: Sanctuary
 Facilitator: Ken Ewan, Music Director 856-258-4030

Handbell Choir

Come and enjoy the skill and teamwork of ringing. No music reading skills or playing experience is necessary. Both adults and teens are welcome to join. Reading will be taught as rehearsals progress. If you can't (or don't want to) carry a tune, carry a bell, or two. Also, ring in memoriam every time you play. Each bell handle is inscribed for some special loved one.

Dates: Sundays (except 2nd Sun. of the month, Sept. – June)
 Time: 12 Noon
 Location: Sanctuary
 Facilitator: Ken Ewan, Music Director 856-258-4030

Interweave

Interweave welcomes new Gay, Lesbian, Bisexual and Transgender members, is involved with and informs the congregation of local GLBT issues and events, organizes occasional social outings and participates in the annual Pride Service. For more information, email Interweave.uucch@gmail.com

Transylvania Partnership Committee

Our church recently was honored with a visit from our Transylvanian partner church minister Sandor Demeter and his wife, Rev. Kata Ujvarosi. Many people in our congregation were able to share in activities with them, and our partnership has been deepened and clarified. We are planning many activities this year, such as a worship service, evening seminars and Hungarian Language classes. Hopefully, people from our congregation, including teens, will be traveling to Székelyderzs again in 2012. There is only room for eight people on this trip, so if you or someone you know is interested, please contact us and begin saving your pennies for a trip which will change your life. A major goal of the committee is to increase awareness and interest in our partnership.

Dates: 3rd Sunday of the month
 Time: 11:45 am, following coffee hour
 Location: Classroom C202
 Contacts: Sue Camlin 856-461-8881 and Sandy Hughes 856-795-7004

The Green Team

The Green Team meets monthly to plan ways that our church and its members can adopt more sustainable ways of living. We work to bring greener practices to the community. The program is sponsored by the UUA and calls for UU churches to decrease their ecological footprint and work toward preservation of the environment. Members and friends at UUCCH are strongly encouraged to get involved in the environmental projects that the Green Team will offer each year in areas of worship and celebration, religious education, sustainable living and earth justice.

Dates: 2nd Tuesday of each month
 Time: 6:30 pm
 Location: Horsch Room
 Chair: Carol Suboleski 609-567-0747

Social Justice Committee

Social Justice has been the longstanding mantra of Unitarian Universalism and a passionate call for many here at UUCCH. Over the years, the Social Justice Committee has led the church through a broad selection of causes and activities. We have mobilized to generate congregational support for Marriage Equality and organized a region-wide presence at the Mazzone Health Fair. We set violence against women as a top priority, and have developed a vibrant church-wide KIVA project to promote self-sufficiency for women at risk. We continue to support the Cherry Hill Food Pantry and a host of other projects throughout the year through our partnership with COW. This year, we plan to increase our efforts at supporting world peace. What will be next? Where shall we devote our congregational energies for the most common good? That's up to us. That's up to you. Join the Social Justice committee, and become part of this mission of our liberal religious faith. Contact Ken Goldberg, kennethgoldberg@comcast.net, or Karen Lawrence, karenlawrence@verizon.net for more information.

Dates: 2nd Tuesday of every month
 Time: 7:15 pm
 Location: Horsch Room

Amnesty International

Amnesty International is an organization that acts on behalf of religious and political prisoners around the world. Our Local Chapter meets monthly to write letters on matters of conscience for those who have no choice.

Dates: Last Tuesday of the month (except Aug. and Dec.)
 Time: 7:30 pm
 Location: Hillside H201
 Contact: Janet Bruner 609-268-2333

Women's Breakfast and Chat

No agenda, no topic, no need to inform anyone that you are coming. Just drop by Panera's, meet women of UUCCH, chat and have a bit of breakfast.

Where: Panera's by Wegman's on Rt 70
 When: 9:30 am, third Wednesday of each month
 Contact: Pat Naylor at 856-546-0407 or plnaylorca@gmail.com

Family Fun Night

Families are invited to join us for a fun-filled evening. We will have games, crafts, and other activities for the children. Bring a snack to share, we'll provide the drinks. This is not only an opportunity for the children to have fun but for adults to get to know other UUCCH parents and carers.

Dates: First Friday of each month
 Time: 6 to 9 pm
 Location: Fellowship Hall; if unavailable, Hillside Lower Level
 Facilitator: Kimberly Ellerthorpe, 609-870-7946

Scrabble Group

Join us for a monthly evening of Scrabble. Learn new strategies and challenge your mind. The group has extra Scrabble boards, so new participants don't have to bring one.

Dates: First Tuesday of the month, September through May
 Time: 7 to 9 pm
 Location: Fellowship Hall
 Facilitator: Sandy Gift, 856-858-5544 or SandyDavid@comcast.net

Bridge Group

Join us for a social game of Bridge. We will meet once a month to play Bridge, with the goal of learning more about the game.

Dates: One Tuesday per month, to be determined
 Time: 7 to 9 pm
 Location: Varies based on space availability
 Facilitator: Paula Horton at 856-439-9588 or phorton100@comcast.net

Contact Paula to be put on the email list and you will be notified when and where we'll be meeting.

Weekly Tennis

An open tennis group is scheduled every Saturday morning at the tennis courts behind the Joyce Kilmer School on Chapel Avenue. We play at 8:00 am year round. Intermediate level play. No reservation required. All are welcome; everyone gets to play.

Contacts: Dave Bonette 856-772-2170
Ken Goldberg 856-429-4411

Bicycling Group

Join this group of casual cyclists on an occasional Sunday afternoon after the Worship Service. We will meet after the Service on designated Sundays and carpool to nearby cycling routes, such as the Towpath in Lambertville.

Dates: Once a month on a Sunday during fall and spring. First ride will be September 18. Future dates will be scheduled at the convenience of the group.
Time: 12 Noon
Location: Meet in the Parking Lot

Facilitator: Paula Horton at phorton100@comcast.net or 856-296-0798 and Sylvia Barclay at sraebarclay@hotmail.com or 856-314-1034

Please let Paula or Sylvia know if you are interested. We will contact those who have expressed interest with more information.

Happy Hour

a.k.a.

The Anthropological Sociological Society

dedicated to the scientific observation of the current scene

The Anthropological Sociological Society meets every Friday at approximately 5:30 pm at selected public houses for the scientific observation of the current scene. Meetings are informal, reservations are not required, and everyone is welcome, even members' relatives. A schedule can be obtained from Ken Arnold.

Contact: Ken Arnold 856-854-2180

Other Programs

The following are programs offered by others that may be of interest to members of our congregation.

Mindful Yoga and Meditation

Science confirms that yoga and meditation offer physical, psychological and biochemical benefits. You are cordially invited to experience in a relaxed, non-judgmental atmosphere the ways that yoga and mindful meditation might benefit you.

Classes include movement, breathing exercises, meditation and deep relaxation. Variations to poses are presented to accommodate students with various levels of experience, abilities and conditions, making this class appropriate for beginners and intermediate students.

Dates: Tuesday evenings
Time: 7:30 to 9:00 pm
Location: Commons

Fee: \$12 per individual session or \$60 for a 6-week package to be used within 8 weeks. *Pre-registration is strongly recommended.*

Facilitator: Lori Volpe, B.A., Registered Yoga Teacher
856-768-7187 or Lorivolpe@verizon.net

For more information, please visit www.OpeningIn.com or contact the instructor.

In addition to the class at UUCCH, Lori teaches for the Penn Program for Mindfulness (Penn Medicine), Medford Leas retirement community, the Sanctuary for Yoga in Medford, and at a Tibetan Buddhist monastery. She has practiced yoga and mindful meditation for nearly 20 years, trained with highly regarded yoga teachers and Buddhist meditation masters and routinely attends meditation and yoga conferences, retreats, teachings and workshops.

Yoga + Meditation Classes

Make time to nurture yourself. Find peace, serenity, tranquility. Yoga postures modified to meet your needs and abilities. Sessions are 1 hour with a 5 - 10 minutes meditation and relaxation at the end.

Dates: Every Wednesday
 Time: 9 am & 5 pm
 Location: Commons
 Fee: Six week series \$60; individual classes \$15.
 Facilitator: "Teddy" Barbara Piotrowski
 (609) 217-4018 or greaterharmony@me.com
 Web site: <http://www.greaterharmony.net>

Upcoming Events

Church Auction

This event is a major fundraiser for our church

Date: To be announced
 Time: 6:30 pm
 Location: Fellowship Hall

Transylvania Dinner

Date: Saturday, January 28 (snow date Feb 4)
 Time: 6:00 pm
 Location: Fellowship Hall

International Dinner

Enjoy a sumptuous potluck dinner at tables representing countries and themes throughout the world. The dinner will be followed by folk-dancing, taught by professional folk-dancers. This is our annual Social Justice fundraiser.

Date: Saturday, March 24
 Time: 6:00 pm
 Location: Fellowship Hall
 Contact: Sue Camlin 856-461-8881

Womyn and Religion Celebrations

Celebrate the change of seasons with Womyn and Religion

Summer solstice	June 18 th
Autumnal Equinox	around Sept 21st
Winter Solstice	around Dec 21st
Vernal equinox	around March 21st

Time: 7 pm

Exact dates and locations to be determined

Facilitators: Lucie Lenore 856-854-1231
Judy Isaacs 856-912-7504.

District/UUA Events

General Assembly 2012

June 20 - 24, 2012: Phoenix, AZ

GA is the annual meeting and conference for the Unitarian Universalist Association. Anyone can register and attend. Delegates from UUA congregations can vote. UUCCH staff often attends GA. We encourage church members to be involved in the denomination and attend if there be the means. See www.uua.org for details.

General Assembly 2012 will have as a prime objective raising the capacity of all our congregations to engage with community-based partners. The focus will be on social justice issues, and there will be hands-on projects working directly with Arizona partner organizations. We expect work to be in areas of voter registration as well as in direct human services. Congregations will learn to assess their strengths and weaknesses and learn skills for social justice work according to their region, congregation size and resources.

Joseph Priestley District Webinars

The Joseph Priestley District and Unitarian Universalist Association offer regular webinars for further professional and lay leader development. See <http://persony.uua.org/?page=HOME> for updated information about webinars.

Joseph Priestley District Events

For monthly online publications that include brief descriptions of events going on in the JPD, go to <http://www.jpduua.org/pages/news-you-can-use.php>.

Volunteer Opportunities

Adult Programs - Paula Horton, 856-439-9588

Archives – Caroline Ringo, 856-429-2677

Art & Aesthetics – Kay Smith, 856-235-2986

Auction 2012 –

Bookmates Literacy Project – Michael Williams, 856-566-1235

Volunteers reading with young children in Title I schools in surrounding communities

Building Use – Sarah Schmidt, 856-547-0676

Calendar – Kathy Wilson, 856-667-3618

Caring Committee – Nancy Newcomer, 856-866-9101

Coffee Hosts – Marla Russell, 856-566-1235

CREC – Kim Ellerthorpe, 609-870-7946

Finance – Keith Spigel, 856-273-1176

Food Bank – Sue Camlin, 856-461-8881

Fun & Fellowship – Karen Morgey, 856-627-0146 & Larry Solow, 609-267-1207

Green Team – Carol Suboleski, 609-567-0747

A task force established to provide support for environmental concerns on the personal, church-wide and global levels

Grounds – Ken Arnold, 856-854-2180

Health Service Support – Denise Menzel, 856-663-9437

IHOC (Interfaith Homeless Outreach Council) – Phyllis Feller, 856-784-5791

A church coalition that provides services to the homeless

Jr. Youth – Keith Spigel, 856-273-1176

Library – Holly Willett, 856-307-9743

Music – Jessica Doheny, 609-315-2249

Newsletter Collating – Ivan Sublette, 609-654-3261

Pledge Secretary – Ivan Sublette, 609-654-3261

Pledge Assistant – Bill Abrams, 856-273-1527

Property – Steve Maxwell, 609-702-1953

Scrapbooks – Caroline Ringo, 856-429-2677

Secular UUs – Helen Ewan, 856-258-4030

Social Justice – Ken Goldberg, 856-429-4411 & Karen Lawrence, 856-858-0060

Sound – Randy Radcliff, 609-387-7645

South Jersey Regional Equity Coalition – Rohn Hein, 856-486-0004

A faith-based coalition of churches and community groups working on the issues of property tax reform, affordable housing and education funding

Stewardship – Ed Fox, 856-869-3410 & Ken Slight, 856-439-9588

Sunday Morning Flowers – Betty Burgess, 856-429-1025 &

Lorrayne Baird-Lange, 856-979-6052

Supplies – Gail Houser-Jirak, 856-304-0587

Technical Services – Gary Jacobs, 856-596-6461

Transportation -

Transylvania Partnership Committee – Sue Camlin, 856-461-8881

*A church partnership with a congregation in Romania
(where Unitarianism was founded)*

Welcoming Team – Sylvia Barclay, 856-314-1034

Worship – Carol Suboleski, 609-567-0747

YA! (senior youth) – Adult – Liz Capone, 856-414-1444
 Youth – James Capone & Jack Spirgel

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